

STAFF PROFILE CONTENT BRIEF

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FACULTY OF
APPLIED
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DUT
DURBAN UNIVERSITY OF TECHNOLOGY
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Head of Department

Title & Name: Dr. Shereen Currie

Qualification & Institution: PhD Sport Science (UNIZULU);
MSc Sport Science (UNIZULU); BSc Hons Sport
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Area of Expertise: Health promotion, chronic diseases, obesity, health and wellness, exercise rehabilitation

Bio : Dr. Currie joined the department in 2017 and as a Lecturer; she obtained her doctorate in November 2017. Her areas of expertise include health promotion, chronic diseases, obesity, health and wellness, and exercise rehabilitation. Her current research focuses on incidence of obesity in the workplace, and association of obesity with various comorbidities. The effect of poor sleep habits on various lifestyle habits is another area of research interest. A further research interest includes physical activity habits of children.

Academic Interests: health promotion, chronic diseases, obesity, exercise rehabilitation, anatomy & physiology, exercise physiology.