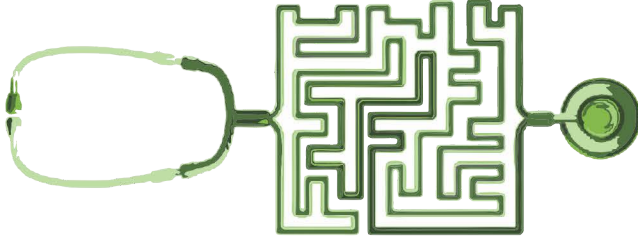




DURBAN UNIVERSITY OF TECHNOLOGY
INYUVESI YASETHEKWINI YEZOBUCHWEPHESHE

WEBINAR

LIVE HEALTHY WHILE MANAGING YOUR CHRONIC ILLNESS



DATE: 06 October 2020

TIME: 14:00 to 15:00

PLATFORM: MS Teams

Click here: [to register](#)

FACILITATOR: Dr N Shabalala (Medical Practitioner)

- Is your chronic illness impacting on your mental health and well-being?
- Are you struggling to manage multiple chronic illnesses, medication, treatment and care?
- Are you feeling vulnerable during COVID-19?
- Is your chronic illness interfering with your productivity and engagement?

Join EWP to equip yourself with the necessary tools to

**Stay on Track and Take Charge of Your Health Today by
Self-Managing Your Chronic Illness**

ENVISION2030

transparency • honesty • integrity • respect • accountability
fairness • professionalism • commitment • compassion • excellence



**EMPLOYEE
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