

## Valley of 1000 Hills Community Helpers Centre



Established by Dawn Leppan

The centre provides the following services: school (preschool and crèche) for babies through to grade 1 (grade 1 is run by the department of education), doctor and clinic services, psychologist services every Thursday and also a social worker services daily, a computer literacy course and skills development programme (craft shop).

The Centre runs a feeding scheme from Monday to Friday. Everyone who comes to the centre receives two meals: breakfast and lunch (approx. 1200 meals a day).

The centre employs 70 staff members. The operational team consist of a fully-fledged team which include Dawn who is the founder, a book keeper, project officer, two office administrators, marketing manager, principal (1000HCH School), computer room facilitator and four nurses.

The Valley of a 1000 Hills has a clinic that is there to service the community. They run the following program

### **Clinic program:**

Monday –granny and grandfather

Tuesday- baby and mother

Wednesday- T.B support group

Thursday- clinic open to everyone (Doctor comes in on a Thursday)

Friday- HIV support group

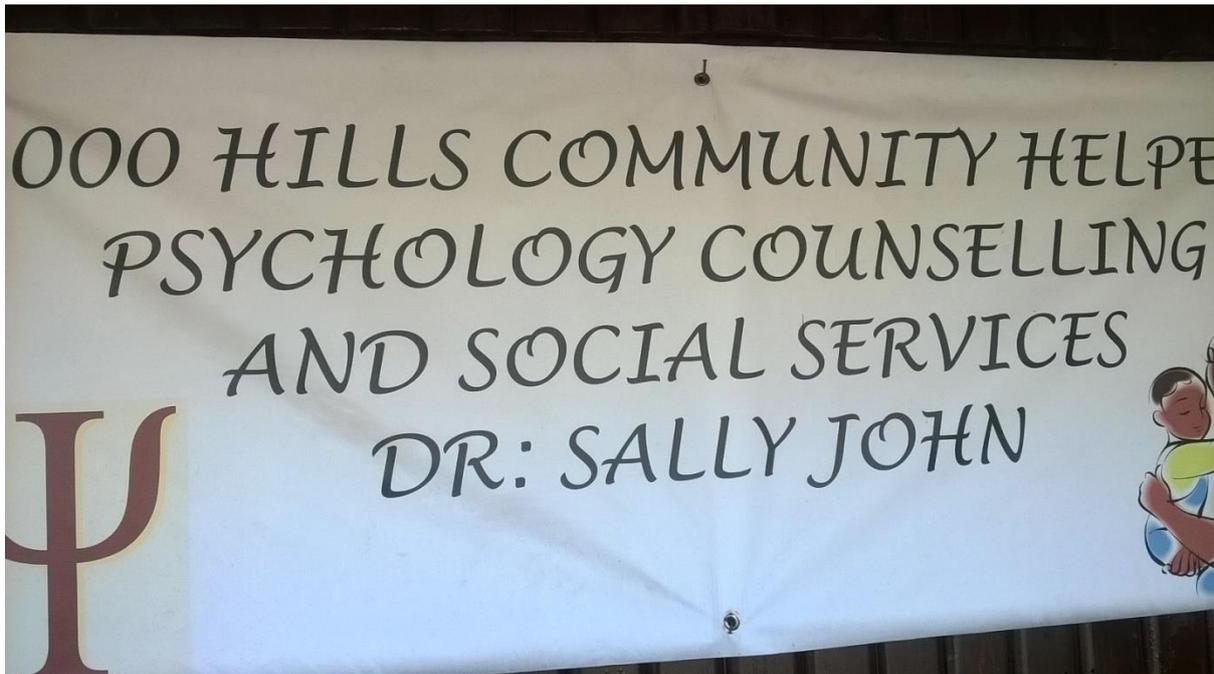
### **Other programs**

Computer Literacy and training

- The computer room is available to community members. They are trained for a month in computer literacy. This is treated as a 3<sup>rd</sup> income stream.

#### Skills development programme

- The skills and development programme involves craft work, fabric painting and sewing. They run classes for these skills and also have their own craft room where craft work is sold. This is treated as a 3<sup>rd</sup> income stream.



#### **1000 Hills Community Helpers Psychology Counselling services and Social Services**

The centre has a qualified psychologist and a social worker who attends to the psychological needs of the community.

Area of focus by psychologist is cognitive assessments for children and adults to assist with learning problems and disability grants.

Area of focus by the social work is community cases that involve the welfare of the vulnerable population. Amongst other things, the social work does house visits and facilitate grant application for those in need and qualify according to the social development criteria (food voucher, placement of child, grant).

#### **Resources**

Mini buses, ambulance service, fully furnished property (well resource school, infrastructure and all the necessities; offices, clinic), operating office.



Report done by Michelle and Ayanda 2017